

CASTLEDYKE PRIMARY SCHOOL – PE LONG TERM PLAN 2020/21

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YEAR 1	GYM: Body Management	Interpretive Dance	GYM: Floor Exercises	GYM: Flight	Performance Dance	Locomotion
	GAMES: Locomotion	Athletics	GAMES: Sending & Receiving	GAMES: Object Control	Games: Net/Wall	Games: Sending & Receiving
YEAR 2	GYM: Body Management	Interpretive Dance	GYM: Floor Exercises	GYM: Flight	Performance Dance	Games: Locomotion
	GAMES: Object Control	Athletics	GAMES: Locomotion Agility	GAMES: Sending and Receiving	Games: Net/Wall	Athletics
YEAR 3	GYM: Body Management	Interpretive Dance	GYM: Floor Exercises	GYM: Flight	Performance Dance	Athletics
	GAMES: Invasion	Athletics	Athletics	GAMES: Invasion 2	Games: Net/Wall	Games: Striking and Fielding
YEAR 4	GYM: Body Management	Interpretive Dance	GYM: Floor Exercises	GYM: Flight	Performance Dance	Athletics
	GAMES: Invasion	Athletics	Athletics	GAMES: Invasion 2	Games: Net/Wall	Games: Striking and Fielding
YEAR 5	GYM: Body Management	Interpretive Dance	GYM: Floor Exercises	GYM: Flight	Performance Dance	Athletics
	GAMES: Invasion	Athletics	Athletics	GAMES: Invasion 2	Games: Net/Wall	Games: Striking and Fielding
YEAR 6	GYM: Body Management	Interpretive Dance	GYM: Floor Exercises	GYM: Flight	Performance Dance	Athletics
	GAMES: Invasion	Athletics	Athletics	GAMES: OAA	Games: Net/Wall	Games: Striking and Fielding