



In the Spring Term, on the 23rd March, we celebrated and raised money for Sport Relief. Sport Relief raises money to change lives all over the world and we did our part this year to help.

Each class took part in an, 'Every class active 10 minutes,' at various points of the day.

The ten minutes was quite gruelling! Circuit training exercises including step ups, jogging, star jumps, squats, skipping took place. Children did these for 1 minute at a time!

Everyone enjoyed being part of this day and raising money for such a good cause.

Sports Clubs at School

Multi Sports (KS2) on Tuesdays

Miss Griffiths' club has been oversubscribed all Spring and Summer term! The club continues to be hugely popular with children at our school. Lots of children have commented how fun these sessions are. Thank you for the hard work Miss Griffiths!

Rushby Dance on Wednesdays

Another very popular club all throughout the Spring and Summer term. Children have loved working alongside Claire, the dance teacher, and have learned some slick dance moves as well as getting valuable, fun exercise.

As sports leader, I have loved seeing the children who I may not have expected to be interested in dance, giving this club a go. What a great way to build confidence by trying new things.

Multi-Sports (KS1) on Thursdays

Mrs Raithby's multi sport club has been very well attended by our Castledyke youngsters. They have all enjoyed coming to this club, having fun, exercising and learning new skills and games.

Getting our young children interested and enthused about sport and physical activity is really important for us at Castledyke. Thank you for your hard work Mrs Raithby.

Football Club on Thursdays

Mr Corrigan's football club has been lots of fun this past term. The club has been well attended and we have worked on a few aspects of footballing skill. Less confident players have become much more skilled and comfortable when taking part in these sessions.

Also, many thanks to our parent and student helpers, who have given their time so generously to help out with our clubs.



On Friday 8th June 2018 the whole school took part in a Race for Life event at school. This is a cause very close to our hearts at Castledyke due to having two members of staff who have undergone treatment this year for Cancer.

The children and their families were given an opportunity to support this worthwhile charity as well as keeping fit! The route was 5K which is 17 laps around the school field and every child and member of staff took part in some way.

Sports Leaders in Training!

A few selected children from year 4 and 5 have been chosen to be Sports Leaders at school.

Miss Griffiths will be working with these children and training them up to be confident playground sports leaders!

These playground sports leaders will be helping our school to make sure all children meet their targets of 30 active minutes at school every day!

The World Cup is fast approaching! Watch out for some World Cup themed activities at school!



Are you meeting your target for 60 active minutes every day?

Skipping Festival Practise

Year 3 children had some skipping festival practise at Baysgarth park with Miss Brown. They are practising for a 'skipping festival' which will be happening next term at Baysgarth School.

Important Sporting Dates for next term

- Year 5/6 Kwick Cricket Tournament— Thursday 14th June
12:30pm—2:15pm
- KS2 Sports Day—Thursday June 21st 1:30pm
- KS1 Sports Day—Wednesday 27th June 1:30pm

An exciting new idea!

Are you ACTIVE outside of school? We want to know about it! We want you to show us how you keep active and healthy.

Look out for a new idea coming soon— teachers will be asking you to show how you are keeping fit and being active outside of school.

Those who meet targets set by your teacher will earn prizes!



The Competitive Edge

Castledyke Sporting News

Issue 3—Spring/ Summer



Welcome back!

To the third issue of the Castledyke Sporting News!

Basking in the glow of the warm sun, here we are again to tell you all about the sports and activities going on at Castledyke Primary School.

In this edition of the Competitive Edge we will tell you all about:

- The swimming gala from the Spring Term
- Sports Relief Day from the Spring Term
- The ongoing sports clubs available at school
- Practise for the Year 3 Skipping Festival
- Sports Leaders in training!
- Future plans for sport and activities at Castledyke.



Castledyke swimmers!

Spring Term Swimming Gala

Way back now in February, twelve children from KS2 took part in a swimming gala. This event was fantastic, the children all had a wonderful time and loved being involved in the swimming races.

Castledyke Boys: Joseph Holt, Joe Killick,
Kieran Davies, William Whyte,
Kieron Rowley, Joshua Hadley.

Castledyke Girls: Eva Marshall, Emily Peck,
Amber Lawtey, Amelie Atkin,
Amelia Birch, Evie Dennison.

These swimmers represented our school proudly in a fiercely competitive morning of swimming.

For many, this was their first experience of competitive swimming. However, with admirable ease, these children rose to the occasion and competed extremely well in all the races.

Races included; 25m front crawl, 25m breaststroke, 25m backstroke, 50m freestyle, mixed medley relay race.

Seven teams from six different schools competed in this event. Team Castledyke finished in an overall 4th place, which was an excellent achievement.

A special mention for Kieron Rowley, who won his heat and then went on to win the overall 50m boys freestyle race! His time was a rapid 41.15 seconds!

All of these children swam brilliantly on the day and, in many cases, were competing against children from a year or two above them! The future looks bright for our young swimmers at Castledyke!